

# St Benedict's Parish Arcadia



## PARISH Masses

### Weekend:

Saturday 7:00pm Vigil

Sunday 9:00am

Sunday 10:30am

### Weekday:

Mondays to Thursdays 9:30am

Fridays 6.30pm Adoration

7:00pm Mass & Confession  
(Reconciliation)

Saturdays 10am to 11am

Adoration & Confession  
(Reconciliation)

## MONASTERY CHAPEL Masses

Sundays 7:00am

Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS**

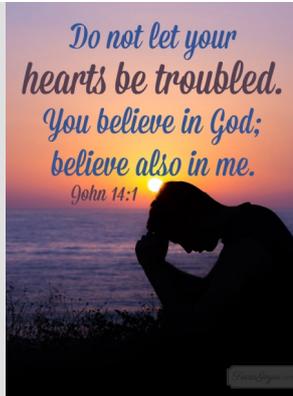
**RECONCILIATION**

**FOR THE SICK**

**MARRIAGES**

**FUNERALS**

Fr Shansana: 0437 884 233



## FIFTH SUNDAY OF EASTER

### YEAR A

6 & 7 MAY 2023

### ENTRANCE ANTIPHON

O sing a new song to the Lord,  
for he has worked wonders;  
in the sight of the nations  
he has shown his deliverance, alleluia.

### SUNDAY HOLY MASS PRAYER

Almighty ever-living God,  
constantly accomplish the Paschal Mystery within us,  
that those you were pleased to make new in Holy Baptism  
may, under your protective care, bear much fruit  
and come to the joys of life eternal.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever. **Amen.**

### SELF REFLECTION: THE WAY

#### Sunday's Gospel, John 14:1-12

Jesus says "I am the way, the truth, and the life". Without knowing the way, life may be confusing, losing direction. Without knowing the truth, life may be full of deceit, causing unhappiness. Without the life, there is no living life for which we must have hope.

- Do I wonder about and don't know where I am going?
- Do I know Jesus is the way?
- Do I get confused and don't know what to think?
- Do I know Jesus is the truth?
- Do I feel dead inside and I don't know if I can go on?
- Do I know Jesus is the life?



#### PRAYER:

Lord, help me find the way to You so I may know the right way following you. Help me find the truth to believe and the life for which I hope to open my heart to the will of God to have complete fulfillment. I put all my trust in You. Amen.

**First Reading: Acts 6:1-7 (JB)**

A reading from the Acts of the Apostles

*They elected seven men filled with the Spirit and wisdom.*

About this time, when the number of disciples was increasing, the Hellenists made a complaint against the Hebrews: in the daily distribution their own widows were being overlooked. So the Twelve called a full meeting of the disciples and addressed them, 'It would not be right for us to neglect the word of God so as to give out food; you, brothers, must select from among yourselves seven men of good reputation, filled with the Spirit and with wisdom; we will hand over this duty to them, and continue to devote ourselves to prayer and to the service of the word.' The whole assembly approved of this proposal and elected Stephen, a man full of faith and of the Holy Spirit, together with Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolaus of Antioch, a convert to Judaism. They presented these to the apostles, who prayed and laid their hands on them. The word of the Lord continued to spread: the number of disciples in Jerusalem was greatly increased, and a large group of priests made their submission to the faith.

**The word of the Lord.**

**Thanks be to God.**



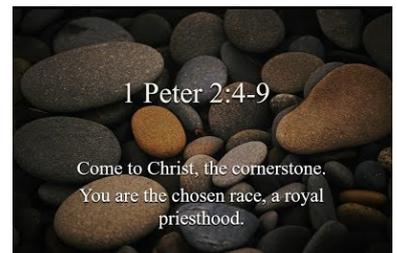
**Responsorial Psalm:**

**R. Lord, let your mercy be on us, as we place our trust in you.**

**Second Reading: 1 Peter 2:4-9 (JB)**

A reading from the first letter of St Peter

*You are a chosen race, a royal priesthood.*



The Lord is the living stone, rejected by men but chosen by God and precious to him; set yourselves close to him so that you too, the holy priesthood that offers the spiritual sacrifices which Jesus Christ has made acceptable to God, may be living stones making a spiritual house. As scripture says: See how I lay in Zion a precious cornerstone that I have chosen and the man who rests his trust on it will not be disappointed. That means that for you who are believers, it is precious; but for unbelievers, the stone rejected by the builders has proved to be the keystone, a stone to stumble over, a rock to bring men down. They stumble over it because they do not believe in the word; it was the fate in store for them.

But you are a chosen race, a royal priesthood, a consecrated nation, a people set apart to sing the praises of God who called you out of the darkness into his wonderful light.

**The word of the Lord.**

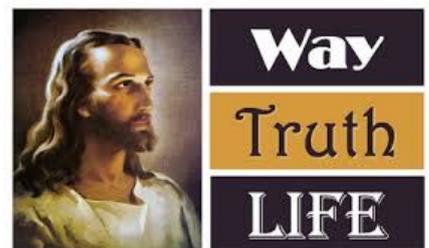
**Thanks be to God.**

**Gospel Acclamation**

Alleluia, alleluia!

I am the way, the truth, and the life, says the Lord;  
no one comes to the Father, except through me.

Alleluia!



**GOSPEL: John 14:1-12 (JB)**

A reading from the holy Gospel according to John

*I am the way, the truth, and the life.*

Jesus said to his disciples:

'Do not let your hearts be troubled. Trust in God still, and trust in me. There are many rooms in my Father's house; if there were not, I should have told you. I am now going to prepare a place for you, and after I have gone and prepared you a place, I shall return to take you with me; so that where I am you may be too.

You know the way to the place where I am going.'

Thomas said, 'Lord, we do not know where you are going, so how can we know the way?' Jesus said:

'I am the Way, the Truth and the Life. No one can come to the Father except through me. If you know me, you know my Father too. From this moment you know him and have seen him.'

Philip said, 'Lord, let us see the Father and then we shall be satisfied.' 'Have I been with you all this time, Philip,' said Jesus to him 'and you still do not know me?

'To have seen me is to have seen the Father, so how can you say, "Let us see the Father"?

Do you not believe that I am in the Father and the Father is in me? The words I say to you I do not speak as from myself: it is the Father, living in me, who is doing this work.

You must believe me when I say that I am in the Father and the Father is in me; believe it on the evidence of this work, if for no other reason.

'I tell you most solemnly, whoever believes in me will perform the same works as I do myself, he will perform even greater works, because I am going to the Father.'

**The Gospel of the Lord.**

**Praise to you, Lord Jesus Christ.**

## GOSPEL REFLECTION

Sunday, May 7

Acts 6:1-7

Psalm 33:1-2, 4-5, 18-19

1 Peter 2:4-9

John 14:1-12

***In my Father's house there are many dwelling places. (John 14:2)***

What's your dream home? Maybe it's a beachfront villa or a cabin on a picturesque mountainside. Maybe it's a castle high on a hill or a modern apartment in a bustling city. Each of us has a different picture of what is ideal.

When Jesus told his disciples that he was returning to the Father in today's Gospel, he said he was going to prepare a place for them. And just as it is with our dream homes, those heavenly abodes aren't one size fits all. In fact, there's one that is made just for you!

Does this mean each one of us gets our own personal "dream home" in heaven? Yes and no. Heaven isn't a resort filled with personalized vacation homes. But it is very real, and it's a place where each of us receives the deep rest and refreshment we need. The *Catechism* tells us that heaven is "the ultimate end and fulfillment of the deepest human longings, the state of supreme, definitive happiness" (1024). That means that Jesus has each of us in mind as he prepares to bring us to our perfect dwelling place. He knows us through and through. He knows our deepest yearnings. He knows what makes for our ultimate happiness. And he is preparing a place suited just for us.

But that "place" is so much more than a dwelling. It's where we will find God himself, the One who quenches every thirst and satisfies every longing. Nothing that we currently know could add to the happiness that we will experience when we see the Lord, our God, face-to-face! We will be with him fully and without hindrance. Our eyes will be opened to the beauty and holiness and power of God, and that vision will take our breath away.

Jesus promised to take us to himself so that where he is, there we also may be (John 14:3). In his presence, everything is fulfilled. And that makes heaven infinitely better than a dream home!

***"Lord, thank you for preparing a place for me!"***

Source: *Word Among Us India Apr-May23 pg.37*

## LITURGICAL FEASTS AND EVENTS OF THE WEEK

May

Monday 8 Readings: Acts 14:5-18. Jn 14:21-26.  
**R:** Not to us, O Lord, but to your name give the glory.

Tuesday 9 Readings: Acts 14:19-28. Jn 14:27-31.  
**R:** Your friends tell the glory of your kingship, Lord.

Wednesday 10 Readings: Acts 15:1-6. Jn 15:1-8.  
**R:** Let us go rejoicing to the house of the Lord.  
**St John de Avila, priest, doctor.**

Thursday 11 Readings: Acts 15:7-21. Jn 15:9-11.  
**R:** Proclaim his marvellous deeds to all the nations.

Friday 12 Readings: Acts 15:22-31. Jn 15:12-17.  
**R:** I will praise you among the nations, O Lord.  
**Sts Nereus and Achilleus, martyrs.**  
**St Pancras, martyr.**

Saturday 13 Readings: Acts 16:1-10. Jn 15:18-21.  
**R:** Let all the earth cry out to God with joy.  
**Our Lady of Fatima**

### OUR LADY OF FATIMA - MAY 13

Mary is venerated under this title following the apparitions to three shepherd children in Portugal in 1917. The message of Fatima includes a call to conversion of heart, repentance from sin, and prayer, especially the Rosary.



Source: *Ordo 2023*

## POPE FRANCIS' PRAYER INTENTION FOR MAY 2023

### For church movements and groups

We pray that Church movements and groups may rediscover their mission of evangelization each day, placing their own charisms at the service of needs in the world. Amen.



## THE RULE OF ST BENEDICT

Chapter 4

To reverence the old.

### PARISH FUNDS

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

Bank Details for ONLINE only donations:

**BSB: 062 784 Acct: 100002141**

**Name: Catholic Parish of Arcadia Bank:**

**CBA—Catholic Development Fund**

### OUR LADY OF FATIMA MEETING

Date: Tuesday 9 May 2023

Time: 7:00pm

In the Parish Meeting Room.

Committee members and guests please attend.

### MOTHER'S DAY RAFFLE



Tickets will be given out on Sunday the 7th of May during the 9am and 10.30am Mass to the children (no charge), the prize will go to their mother. The prizes are **drawn on Mother's Day 9am morning Mass** only and if you have a ticket you need to be there otherwise it will be redrawn!

Robin, Rosie and Lila have put these beautiful prizes together donating them and have asked that no money is given for the tickets as a gift back to the Church.

God bless you ladies! What would we do without you!

## ST BENEDICT'S MEN'S MEET & GREET

The next Men's meet and Greet is on Monday the 15th of May 2023, 7.30am to 8.30am.

An hour for men of different ages for an informal opportunity to get together, communicate and share thoughts of current views in a relaxed environment, free of judgement, supporting connection and meeting other like-minded men from our community.

Contact Mirko for more information on 0409 678 780.

### YOUNG ADULT EVENT

Join us on Friday May 12 for a special holy hour and discernment event for young adults! Fr Sam French, Director of Vocations for Broken Bay, will be speaking on the sacrament of reconciliation, and you know dinner will be included! Come out and enjoy a night of prayer, reflection, and growth in the Catholic faith.

#HolyHour #Discernment #FrSamFrench #Sacrament

#Reconciliation #YoungAdults #CatholicFaith

Date: Friday May 12

Time: 6pm – 8:30pm

Venue: Holy Name Parish Wahroonga

**Please RSVP for catering purposes, on 0418 522 449**

**or email Michelle at**

[vocations.ministry@bbcatholic.org.au](mailto:vocations.ministry@bbcatholic.org.au)



### ROSARY AFTER MASS FOR THE MONTH OF MAY

The Rosary will be recited after the morning weekday Masses for the month of May. Please join us and pray for your loved ones, your community and for the needs of the world.

## In Our Parish

*(please let us know if you would like someone added here)*

**We welcome into God's family, all who were recently baptised.**

**We pray for the sick of our Parish, especially Gina Volpato (John's mum), Tony Takchi, Brother Mario & Brother Terry, Koana Zouein (Rita Sarkis' mum) and Jenny Taylor.**

**We remember in our prayers all our dearly beloved who have died.**



## ALCOHOL & DRUGS

Experimentation with alcohol and other drugs is a part of the lives of many young people.

For many parents (including our parishioners), approaching this topic with their children can be overwhelming and uncomfortable. How young is too young to discuss drugs and alcohol with a child? What can parents do if they suspect their young person is using? With the drug and alcohol landscape in Australia constantly changing and the use of e-cigarettes rising, it is important for parents to stay abreast of the latest information.

CatholicCare's Drug & Alcohol Youth Support (DAYSS) case workers have noticed a prevalence in young people who vape i.e. use e-cigarettes. [This blog](#) provides some interesting insights that may be worth sharing with parents you disclose concerns of this type.

<https://www.catholiccaredbb.org.au/news/drugs-alcohol-young-people/>

Feel free to refer to CatholicCare

[www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au)

or have them call 1800 324 924.

## CHRISTIAN MEDITATION

### INTRODUCTION AND RENEWAL DAY

Invitation to St Benedict's Monastery, 121 Arcadia Rd, Arcadia on Ascension Day, Sunday, 21<sup>st</sup> May for a Christian Meditation Introduction and Renewal Day.

Arrival and registration from 10am for 10:30am start, presentations, introduction to meditation, periods of meditation, Mass, information sharing, conclusion around 3pm.

Book display and morning tea provided, BYO picnic lunch. Masks are optional, recommended social distancing and vaccination for one's own personal protection.

Enquiries: Ann Bergman –

[anniebergman@hotmail.com](mailto:anniebergman@hotmail.com) or Ann Lomas –

[atlomas@bigpond.com](mailto:atlomas@bigpond.com) / 9653 2637

Possible accommodation at the monastery guest house Enquiries : Fr Michael Kelly – 0455 329 607

## CCC PRAYER GROUP

Prayer meeting held every

**Friday nights:** after 7pm Mass

**Wednesday mornings:** after 9.30am Mass.

Everyone welcome. **Come and meet new people.**

For more details call Mary Camilleri on 0403 116 987.



## CATECHISTS' NEWS

Free training available for all Catechists

(to register email [registrations@bbcatholic.org.au](mailto:registrations@bbcatholic.org.au)) –

- Level 1 Training started this week. The second session will be 'Miracles and Parables on Tuesday 9 May 6:30pm - 8:30pm and Monday 15 May 10am – 12:30pm. The following session is "Listening and Questioning".
- Safeguarding Children training for all Catechists Thursday 15<sup>th</sup> June 9.30am – 12.30pm in the parish.

If you would like to learn more about being a Catechist or a helper, please talk to myself, or one of our parish Catechists or any of our priests. Training, a Teacher's Manual and workbooks are provided free.

God bless,  
Miriam Brown [srearcadia@gmail.com](mailto:srearcadia@gmail.com)  
Parish Catechist Coordinator



## SACRAMENTAL PROGRAM

**OUR NEXT SACRAMENTAL PROGRAM** will be announced in May, commencing with Confirmation (child must be in year 3 or above, this year). Confirmation classes will be held in August 2023.

Please email the parish if you would like your child to be added to the list.

*In the Diocese of Broken Bay, the order of receiving of the sacraments is:*

*Confirmation, Reconciliation, then Eucharist. Children are usually prepared for these sacraments in Years 3 and 4.*



## PRAYER TO OUR LADY OF FATIMA

Pope John Paul II wrote following prayer which refers to the Act of Entrustment:

*Mother of all individuals and peoples, you know all their sufferings and hopes. In your motherly heart you feel all the struggles between good and evil, between light and darkness, that convulse the world: accept the plea which we make in the Holy Spirit directly to your heart, and embrace with the love of the Mother and Handmaid of the Lord those who most await this embrace, and also those whose act of entrustment you too await in a particular way. Take under your motherly protection the whole human family, which with affectionate love we entrust to you, O Mother. May there dawn for everyone the time of peace and freedom, the time of truth, of justice and of hope. Amen.*

## ITALIAN ROSARY GROUP

Every Monday 2.00pm.

Everyone welcome.

For more details call Angela Egiziano.

Ph: 9653 2312.



## THE BOMBING OF DARWIN

The next meeting of **Dural & District Historical Society** will be held on Saturday 13 May at 2pm in the Galston Uniting Church, School Road, Galston. The speaker Noel Phelan from the Maritime Museum will talk about the 1942 Bombing of Darwin. Much information about the carnage was withheld at the time although Darwin was hit by more bombs than Pearl Harbour. All welcome to come and hear the story.

Regards,  
Judy Horton



## AUSTRALIAN PILGRIMAGE, "IN THE FOOTSTEPS OF MARY MACKILLOP"

The Sisters of Saint Joseph have prepared an Australian Pilgrimage, "In the Footsteps of Mary MacKillop" commencing in Melbourne on 17 October, journeying through Victoria and South Australia, and ending at Mary MacKillop Place, North Sydney on 28 October 2023. During the pilgrimage we visit many places associated with Mary MacKillop's life and ministry.

I am happy to answer any questions and provide an itinerary and application form, and may be contacted at [national.pilgrimage@mmp.org.au](mailto:national.pilgrimage@mmp.org.au) or on 89124818.

Sr Annie Bond  
Mission & Ministries Manager  
[www.marymackillopplace.org.au](http://www.marymackillopplace.org.au)



## Thank you for your generosity

Your generosity means the Church can be there during times of great need, renewing and rebuilding their lives. Your donations support two key diocesan ministries:

## PASTORAL WORKS Broken Bay

Pastoral Works Broken Bay is the pastoral charity of the Catholic community in Broken Bay.

Every gift makes a difference to someone in hospital, school, a parish or the wider community.

Most Rev Anthony Randazzo DD JCL  
Bishop of Broken Bay



### Confraternity of Christian Doctrine

Catechists taking the gospel to State school students.



### Hospital Chaplaincy & Pastoral Care Practitioners

Helping those who are vulnerable, experiencing loneliness or are sick in hospital.



### St Lucy's School

Serving year K-12 students with disabilities.



### St Edmund's College

Serving year 7-12 students with disabilities.



### Ephpheta Centre

Pastoral care, sacraments, and advocacy for the deaf community.



All donations over \$2 are tax deductible. ABN 87 849 944 998

To donate, complete the form in the envelope available in your parish and return to your parish.

Or go online by scanning the QR code or visiting: [bbcatholic.org.au/pastoralworks](http://bbcatholic.org.au/pastoralworks). Thank you.

# Saint John of Ávila, Priest and Doctor of the Church



**Feast Day May 10  
C. 1499-1569**

## **Patron Saint of Spanish Priests**

Though today's saint bears the name of Ávila, that was simply his name, not where he was from. John of Ávila was born in the town of Almodóvar del Campo, Spain, less than a decade after Spain was liberated from almost 800 years of Muslim rule. He was an only child born later in life to his parents who had struggled to conceive. His noble, wealthy, and devout parents attributed John's birth to the intercession of Saint Bridget of Sweden. Notably, John was born on the Feast of the Epiphany.

At the age of fourteen, John was sent to study law at the renowned University of Salamanca, but he never completed his law degree. After four years of study, John had a profound conversion experience, after which he returned to his parents' home for a three-year period of prayer and discernment. During that time, John began to hear God calling him to the priesthood. He sought spiritual advice from a Franciscan friar who told John that he believed him to be called to the priesthood and that he must go. That spiritual advice confirmed John's interior calling, and in 1520 he began his theological studies. While in seminary, John was blessed with excellent teachers who were well-versed in the theology of Saint Thomas Aquinas. John was smart, a good student, and very devout, especially regarding the Holy Eucharist. When John returned home in 1526, he was ordained a priest and celebrated his first Mass in his home parish.

Toward the end of his studies, both of John's parents died. Being an only child of wealthy parents, John received a large inheritance. Though he could have used some of that money to throw a large ordination party for himself, he chose to do something more radical. He went out into the streets, found twelve poor people, and invited them to share a feast with him. He then sold the property he inherited and gave his money to the poor.

With his parents and childhood home gone, Father John decided to become a missionary to the West Indies. To achieve that goal, he contacted the newly appointed first bishop of Mexico who was waiting to sail to the New World. After receiving permission to travel with him, Father John went to Seville to wait for a ship. While waiting, he began to engage in public ministry in Seville, quickly drawing admiration for his devout celebration of the Mass, his preaching, and his catechetical approach. A local priest named Father Contreras, with whom he might have been living, became very impressed with Father John. Father Contreras spoke to the Archbishop of Seville, asking him to intervene and convince Father John to stay in the archdiocese. The archbishop did intervene and convinced Father John to abandon his desire to travel to the New World so he could remain in Spain to help revive the faith that had been so severely damaged by centuries of Muslim rule, as well as the confusion that was emerging from the Protestant Reformation.

In 1529, at the age of thirty, just three years a priest, Father John of Ávila began his ministry in the town of Andalusia. He would later be known affectionately as "the apostle of Andalusia." He continued his studies at the local university and eventually earned the impressive title of "Master." Father "Master" Ávila's priestly ministry was abundantly fruitful in Andalusia. He often preached on repentance and on the value of the Sacrament of Confession, preparing for his sermons and celebration of Mass with long periods of prayer. After his sermons to an overflowing congregation, he would often enter the confessional and remain there for hours until everyone who wanted to confess their sins was able to do so.

Father John's preaching not only bore good fruit, it also stirred up animosity. Father John lived a life of radical poverty and regularly preached about the dangers of excessive wealth. Some of the local clergy were convicted by his preaching because of their lavish lifestyles, so Father John was reported to the Inquisition, subsequently arrested, and imprisoned. The charge was that he had preached in a sermon that "the doors of Heaven are closed to the rich..." Though many would despair during such a personal persecution, Father John did not. During his yearlong imprisonment he devoted himself to prayer, study, and writing. He translated the book, *Imitation of Christ*, and wrote much of his most famous book *Audi, filia* (Listen, O Daughter), a spiritual masterpiece on Christian perfection and the universal call to holiness, written at the request of a Spanish nun, a spiritual directee of Father John. After a year, the Inquisition found him not guilty of any crime, and he was released in 1533. For the next eighteen years, Father John engaged in active ministry in Andalusia and the surrounding towns where he gained quite a following. In 1551 he began to experience ill health and lived a semi-retired life until his death in 1569.

Throughout his ministry, Father John became a saint among other saints, offering spiritual direction and counsel to many. He became a mentor to Saint Ignatius of Loyola and inspired many young men to join Ignatius' newly founded Society of Jesus. He advised the great Saint Teresa of Ávila, who sought his counsel on her writings. Saint John of God was converted by John of Ávila's preaching and then founded the Brothers Hospitallers, a religious congregation devoted to the poor, sick, and mentally ill. He counseled Saint Francis Borgia, the third General Superior of the Jesuits, the Franciscan friar Saint Peter of Alcántara, the bishop Saint Thomas of Villanova, as well as other bishops, religious, civil rulers, and numerous spiritual directees. Not only did he leave behind a legacy by affecting so many people during his lifetime, he also left behind his spiritual classic *Audi, filia*, eighty-two sermons, Scripture commentaries, 257 letters, and various other minor works on reform in the Church in the spirit of the great Council of Trent in which he participated.

Though he lived in the sixteenth century, Saint John of Ávila was not canonized until 1970 and was made a Doctor of the Church in 2012. Why did it take so long? Perhaps one reason is that the Church of the twenty-first century needs to revisit John's preaching. We need to return to his teachings on simplicity, poverty, the universal call to holiness, his vigorous attempts to reform the clergy, his devotion to the holy Mass, and his passionate pleas for repentance from sin.

As we honor this sixteenth-century saint, look to him also as a role model for the Church. He began with a desire to be a foreign missionary but found his homeland to be the mission field to which he was called. Ponder your own call to evangelize those closest to you. Doing great things for God often starts at home. Commit yourself to that mission field, and pray that God will bear much good fruit through your efforts. If you suffer as a result, be encouraged by Saint John's imprisonment and know that God can bring forth good from everything you are called to endure.

*Please join us for morning tea after the 9am Mass*

**NEW ROSTER NOW AVAILABLE IN SACRISTY. PLEASE PICK UP A COPY.**

**NEXT WEEKEND'S ROSTER**

**13/5/2023 & 14/5/2023**

**SIXTH SUNDAY OF EASTER YEAR A**

**Parish Roster**

	Saturday 7pm	Sunday 9am	Sunday 10.30am
<b>Acolyte</b>		Nigel M	Paul E
<b>Reader1</b>	Miriam B	Ann L	Steve M
<b>Reader2</b>	Maria G	Lorraine D	Lorna B
<b>Prayers</b>	Sr Carol T	Bernadette W	Teresa G
<b>TV</b>		Melanie H	Tyrone E
<b>Music</b>		Karina S	GREGORIAN
<b>Music</b>		Noelle T	CHOIR
<b>Music</b>			
<b>Music</b>			
<b>Morning Tea</b>		Mary A	
 <b>FLOWERS</b>	Tania T		

*Thank You!*

**Thank you to all our volunteers, we really appreciate it!  
If anyone would like to join our parish roster please contact the parish.**

**ACKNOWLEDGMENT**

*We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.*

**SAFEGUARDING MISSION STATEMENT**

*We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.*

*If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:*

*Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.*

**PARISH OFFICE HOURS:**

**Mondays & Fridays:** 9.30am to 2.30pm

**Parish Office:** 02 9653 2312  
**Email:** arcadia.parish@bigpond.com

**Parish Administrator:** Fr Shansana Samarasinghe OSB  
**Email:** sanshanasamarasinghe@yahoo.com  
**After hours:** 0437 884 233

**Address:** 2 Fagans Road, Arcadia NSW 2159  
**Postal address:** 121 Arcadia Rd, Arcadia NSW 2159

**Website:** [www.bbcatholic.org.au/arcadia](http://www.bbcatholic.org.au/arcadia)  
**Facebook:** [stbenedict sarcadia](https://www.facebook.com/stbenedict sarcadia)

**MONASTERY:** 9653 1159



**BANK DETAILS for ONLINE only donations:**  
**BSB:** 062 784 **Account:** 100002141  
**Account Name:** Catholic Parish of Arcadia Bank:  
**CBA—Catholic Development Fund**

**For all parish Occupational Health & Safety and Safeguarding Children matters Contact:**  
**Lorraine Dailey on 0416 081 882.**